

THE MALT SHOVEL AT BARSTON

À LA CARTE

STARTER

- Garlic ciabatta** *confit garlic, marinated olives, sun dried tomatoes* 6.95 V *great to share!*
Homemade soup of the day *pesto crouton* 5.95 V GFO
Goats cheese puff pastry tart *red onion, tomato tapenade* 7.50 V
Crispy sriracha spiced chicken strips *sriracha & lime mayo* 8.50
Hoi sin pork belly bites *raw vegetable salad, chili & ginger* 7.95 GF
Flame roasted peppers, artichokes *smoked ham, cherry tomatoes, buffalo mozzarella, pesto*
7.95 GF VO

STARTER/MAIN

- Salmon fishcake** *spinach, poached egg, tarragon hollandaise* 8.50/14.95
Lambs kidneys *bacon, field mushrooms, jus* 7.50/13.95 GFO
Caesar salad *cajun chicken, smoked bacon, croutons, parmesan* 8.95/14.95
Pecorino & honey tortellini *basil cream, pomegranate* 7.50/13.95 V
Seasonal 'Four Acres' organic salad *roast pumpkin, beets, bulgur wheat, egg, crushed avocado, chia, blueberry vinaigrette* 8.50/13.50 + *grilled cajun chicken* 4.50 GFO VEO

MAIN

- Thai panaeng vegetable curry** *jasmine rice* 14.50 VE GF
Mediterranean vegetable & cheese croquettes *hummus, cucumber & lemon gel* 13.95 VE GF
Battered fish *fat chips, minted pea puree, tartare sauce, lemon* 14.50
Chicken breast *basil pasta, tomatoes, feta cheese* 13.95
Calves liver *streaky bacon, cheddar mash, seasonal greens, onion gravy* 14.95 GF
Rack of lamb *potato gratin, seasonal greens, plum & cranberry puree* 20.95 GF
Rump steak *onion rings, twice fried chips, peppercorn sauce* 17.50 GFO
Rib eye steak *American style BBQ rub, seasoned fries, coleslaw* 19.95 GF

SIDES

- peas & chorizo - honey & fennel seed carrots - seasonal vegetables
French beans, parmesan, crispy shallots - twice fried chips - truffle mash *all* 3.50
potato gratin 3.95 - rocket, parmesan & aged balsamic salad 3.95



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The Malt Shovel at Barston,
Barston Lane, Barston, Solihull,
West Midlands, B92 0JP

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TO FINISH

Chocolate brownie & Amaretto mousse *Kirsch cherries, coconut mushrooms, mascarpone* 7.50

Apricot brioche & butter pudding *brandy custard* 7.95

Sticky toffee pudding *glazed banana, toffee sauce, banana ice cream* 6.95
matched with Pedro Ximenez, Bella Luna 50ml 3.95

Pineapple & rum baba *tropical salsa, kaffir lime leaf sorbet* 6.50

Popcorn panna cotta *baby figs, caramelised pecans & popcorn* 6.95 GF

Cheese selection *red onion chutney, grapes, celery, Artisan crackers* 8.95 GFO
matched with Krohn Vintage Port 50ml 4.95

Vegan vanilla ice cream *fresh fruits, toasted granola* 5.95 VE GF

Selection of ice cream & sorbet *three scoops* 5.95 GFO

Chocolate truffles & petit fours 6.95 GFO

Our food is freshly prepared on the premises which may result in slight delays at peak times
10% gratuity will be added to parties of 6 or more – all tips go directly to staff
For allergens please ask for our chefs advice

V/VE = Vegan/Vegetarian dish VO/VEO = Vegan/Vegetarian dish optional
GF = gluten free dish GFO = gluten free optional



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