

THE MALT SHOVEL

AT BARSTON

To start

- herb & garlic butter ciabatta** - confit garlic, olives, sun dried tomatoes V £6.95
homemade soup of the day V, GF* £5.95
shallot tart – chicory & Dijon mayonnaise V £6.95
breaded brie & grilled halloumi – chilli sambal V £7.50
twice baked goats cheese soufflé - Tarragon cream V £8.50
chicken & chorizo patties - guacamole, tortilla chips, sour cream GF* £7.50
confit duck tian – baby figs, panko poached egg GF* £9.95
crispy fried beef – shredded vegetables, hoisin sauce GF £10.50

Starter or Main

- lamb kidneys** - bacon, field mushrooms, jus GF* £7.50/£13.95
salmon fishcakes - spinach, free range poached eggs, tarragon hollandaise £7.95/£14.95
Caesar salad – Cajun blackened chicken, smoked bacon, focaccia croutons, parmesan GF* £7.95/£14.95
super food salad V, GF* £8.50/£15.95
roast pumpkin, beets, bulgur wheat, free range boiled egg, crushed avocado, chia, blueberries & pomegranate

Sunday Roasts

- roast beef** - Yorkshire pudding, thyme roasted potatoes, jus £14.50
free range roast pork - thyme roasted potatoes, stuffing, apple chutney, jus £13.95
both served with seasonal vegetables

Main

- Mediterranean vegetables** – on puff pastry with baba ganoush & feta V £13.95
battered fish - fat chips, minted pea puree, tartare sauce, lemon £14.50
harrisa marinated corn fed chicken – cucumber ribbons, flat bread, mint yoghurt £15.95
roast duck breast – maple jus & quince gel, roast red onion, spinach & chick pea popcorn GF £16.95
slow cooked ox cheek – Mulberry braised red cabbage, chestnut mushrooms, port sauce GF £15.50
Aberdeenshire rump steak – peppercorn cream, homemade twice fried chips GF* £16.95
dry aged rib eye steak – blue cheese, salted port butter, homemade twice fried chips GF £20.95
Jamaican spiced slow roast lamb shank – sweet potato, mango GF £18.95
rack of lamb – gratin dauphinoise, spinach, redcurrant & mint jus GF £21.95



t 01675 443 223
 e themaltshovelatbarston@gmail.com
 w www.themaltshovelatbarston.com

Follow us on Twitter...
 MaltShovelPub
 Find us on Facebook...
 maltshovel.barston

The Malt Shovel at Barston,
 Barston Lane, Barston, Solihull,
 West Midlands, B92 0JP

THE MALT SHOVEL

AT BARSTON

To Finish

- selection of ice cream & sorbet – 3 scoops £5.95**
- peanut butter, caramel & chocolate slice – charred banana £5.95**
- salted caramel chocolate torte – caramel sauce £6.95**
- mango & honey cheesecake – lychee & passion fruit salsa £6.50**
- sticky toffee pudding – caramel donuts, vanilla ice cream £6.50**
- banana & fudge bread & butter pudding – vanilla bean custard £7.50**
- Tart Tatin – Cornish clotted cream ice cream £6.95**
- apple & blackberry crumble tart – vanilla bean custard mini £2.95 or £6.95**

gourmet truffles & petit fours £6.95

4 English & European cheeses - grapes, celery, red onion chutney, Artisan crackers £8.95

1 specialty cheese - chutney, ciabatta £2.95

Please allow 25 minutes cooking period for main courses only – all our food is freshly prepared on the premises, which may result in slight delays at peak times, your patience is appreciated.

(V) = vegetarian dish (V*) = contains parmesan (GF) = gluten free dish (GF*) = can be gluten free

Please ask for allergen advice

10% gratuity will be added to parties of 6 or more – thank you



t 01675 443 223
 e themaltshovelatbarston@gmail.com
 w www.themaltshovelatbarston.com

Follow us on Twitter...
 MaltShovelPub
 Find us on Facebook...
 maltshovel.barston

The Malt Shovel at Barston,
 Barston Lane, Barston, Solihull,
 West Midlands, B92 0JP

THE MALT SHOVEL AT BARSTON

Specials of the day

s t a r t e r s

seared Cornish scallops £13.50

*apple & cinnamon puree, Clonakilty black pudding,
cauliflower pearls*

tempura soft shell crab £12.50

shitake mushrooms, bok choy, satay sauce

Whitby whole tail scampi £9.95

paprika mayonnaise

line caught mackerel £8.95

free range slow roast pork belly, buttered Savoy cabbage

m a i n s

oven baked cod £16.50

textures of broccoli, crispy ham, essence of white truffle oil

fillets of sole £17.50

prawn & hot smoked salmon mousse, lemon beurre blanc, asparagus

pan fried halibut £18.50

tomato concasse, sautéed potatoes, chorizo, samphire

Cornish wild turbot £19.95

Mussel, crayfish & saffron broth



t 01675 443 223
e themaltshovelatbarston@gmail.com
w www.themaltshovelatbarston.com

Follow us on Twitter...
[MaltShovelPub](https://twitter.com/MaltShovelPub)
Find us on Facebook...
[maltshovel.barston](https://www.facebook.com/maltshovel.barston)

The Malt Shovel at Barston,
Barston Lane, Barston, Solihull,
West Midlands, B92 0JP