

THE MALT SHOVEL

AT BARSTON

To start

- herb & garlic butter ciabatta** confit garlic, olives, sun dried tomatoes **V £6.95**
homemade soup of the day **V, GF* £5.95**
classic scampi tartare sauce, lemon **£9.95**
grilled halloumi & breaded brie apple & apricot chutney **V £7.50**
chicken & chorizo patties sun dried tomato & chilli hummus, cucumber, pitta bread **GF* £7.50**

Starter or Main

- super food salad** **V, GF* £8.50/£15.50**
 roast pumpkin, beets, bulgur wheat, free range boiled egg, crushed avocado, chia, blueberries, pomegranate
salmon fishcakes spinach, free range poached eggs, tarragon hollandaise **£8.50/£14.95**
Caesar salad Cajun blackened chicken, smoked bacon, focaccia croutons, parmesan **GF* £8.50/£14.95**
stir fried beef shredded vegetables, Thai sweet chilli sauce, crispy shallots **GF* £10.50/£16.95**
lamb kidneys bacon, field mushrooms, jus **GF* £7.50/£13.95**

Main

- battered fish** fat chips, minted pea puree, tartare sauce, lemon **£14.50**
oven baked cod Jersey Royal crush, English asparagus, béarnaise sauce **£16.95**
shallot & artichoke tart tatin fig syrup, chicory, watercress pesto **V £13.95**
Tandoori chicken supreme sweet potato & almond purée, onion & ginger pickle, popadum **£15.95**
rack of lamb Moroccan spiced, pomegranate cous cous, mint yoghurt **£19.95**
Aberdeenshire rump steak peppercorn cream, homemade twice fried chips **GF* £16.95**
Homemade beef burger sun dried tomato mayo, smoked bacon, cheddar cheese, potato skins **£15.95**

- roast beef** - Yorkshire pudding, thyme roasted potatoes, jus **£14.95**
free range roast pork - thyme roasted potatoes, stuffing, apple chutney, jus **£13.95**
roast corn fed chicken - thyme roasted potatoes, stuffing, jus **£13.95**
all roasts served with seasonal vegetables – served Sundays only

Please also see our daily specials board



t 01675 443 223
 e themaltshovelatbarston@gmail.com
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The Malt Shovel at Barston,
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 West Midlands, B92 0JP

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Sandwiches *all served with fries £8.95 each*

chicken & chorizo pattie *sun dried tomato & chilli hummus, cucumber, pitta bread*

smoked salmon *crème fraiche, rocket, brioche bun*

chilled rare roast beef *horseradish mayo, ciabatta*

grilled halloumi *sun dried tomato & chilli hummus, cucumber, pitta bread V*

Served Monday – Saturday lunch only

bit on the side all £3.25

honey & fennel carrots ~ mixed seasonal vegetables

green beans, shallots & parmesan ~ rocket, parmesan & aged balsamic **£4.50**

homemade twice fried chips ~ mashed potato ~ Jersey Royals

To Finish

Summer pudding *Cassis berries, clotted cream* **£6.95**

Eton Mess *Pimm's soaked strawberries, GF & Vegan** **£7.50**

sticky toffee pudding *ginger syrup, burnt pineapple, banana ice cream* **£6.50**

brioche bread & butter pudding *with orange & cocoa, white chocolate cream* **£7.50**

dark chocolate fondant *frozen berries, milk sorbet (please allow 10 mins cooking time)* **£7.50**

selection of ice cream & sorbet *3 scoops GF** **£5.95**

mini rhubarb & custard tart *crushed ginger biscuits GF* **£4.50**

Chocolate truffles & petit fours GF* **£6.95**

English & European cheeses *grapes, celery, red onion chutney, Artisan crackers GF** **£8.95**



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Specials of the day

starters

seared scallops pressed belly pork, pea & mint 'soup' £13.95

smoked salmon & crayfish roulade wrapped in radish & cucumber, apple & lime purée, brioche crisp £8.95

pigeon breasts celeriac purée, roast pear, maple reduction £9.50

smoked cod arancini courgette spaghetti, sun dried tomato pesto £8.95

duo of tortelloni

black truffle, goats cheese & beetroot, tomato passata, parmesan **V** £8.50 OR £15.95

mains

grilled sea bass Tandoori rub, sweet potato, almonds, mango yoghurt £16.95

dry aged rib eye steak blue cheese, wild mushrooms, homemade twice fried chips £20.95

pan fried monkfish Thai red curry, Asian vegetables, jasmine rice £18.95

roast duck breast Chinese marinade, egg noodles, stir fried vegetables, oyster sauce £16.95

grilled halibut buttered Savoy cabbage & radicchio, smoked ham, Jersey Royals £18.50

Chateau Ste Michelle, Riesling Columbia Valley 2014 £7.55 175 ml / £8.85 250 ml

Refreshing, crisp, flavoursome off-dry vintage – perfect accompaniment with fish!



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